



Kapa'a Pediatrics, LLC

## **Tinea Versicolor “Haole Rot or Kane”**

**What is it?** A fungal rash that causes a change in skin color. This yeast actually naturally grows on people's skin, but sometimes it grows out of control resulting in skin changes. This rash is very common in Hawaii and other hot, humid climates or in those who sweat profusely. Because most people have this yeast on their skin it is not contagious.

### **Signs and Symptoms:**

- Kids with dark skin tone will often have a loss of color (hypopigmentation) in the affected area. It can be harder to see in children with lighter skin color.
- Sometimes a child with lighter skin tone will have a darkening (hyperpigmentation) of the affected area.

**Treatment: Note that after treatment the skin can take a few months to change back to its normal skin tone.**

- Few small spots- Clotrimazole (antifungal) cream, also known as Lotrimin. This can be bought over the counter without a prescription. Cover the affected areas with a thin layer and use it twice daily for 14 days.
- Large area affected- Selenium Sulfide 2.5% lotion. Apply a thin layer to cover the affected areas for 10 minutes then rinse thoroughly. Continue this treatment for 14 days.

\*\*\* Patient handouts created by Kapa'a Pediatrics are intended to give parents the most common and pertinent facts about a certain issue. If there is ever any concern that your child was given an incorrect diagnosis or is not following the usual expected course for an illness please call us to speak with a physician. (808) 634-8011\*\*\*