



Kapa'a Pediatrics, LLC

Stye

What is a Stye?

A stye is an infection at the base of an eyelash, hair follicle. It can develop on the inside or outside of the eyelid. A stye will often look like a red bump and may be tender. It is usually harmless.

How long will it last?

A stye usually forms a head and looks like a pimple in 3-5 days. In a few more days, it will drain and heal. Sometimes they can last for months or recur, however, the treatment is usually the same.

Stye Treatment:

1. Put a clean, warm, wet washcloth on the eye for 10 minutes 4 times a day. This helps the stye localize, not spread, and come to a head sooner.
2. Massage during and after the warm compress can help it open.
3. For recurrent styes, we will sometimes use antibiotic drops to apply to the eyelid to try and prevent future styes.
4. Rarely do styes need surgical intervention.

When to call:

- The eyelid becomes very red, swollen or painful.
- The eye itself becomes pink or red and looks infected.
- Your child develops a fever.
- Your child is having recurrent styes.

*** Patient handouts created by Kapa'a Pediatrics are intended to give parents the most common and pertinent facts about a certain issue. If there is ever any concern that your child was given an incorrect diagnosis or is not following the usual expected course for an illness please call us to speak with a physician. (808) 634-8011***